FINALS PREPARATION

Final Exams are almost here! There are lots of ways for you to prepare for this important time of year. Here are some suggestions to help you do your best!

✔ Take advantage of our After School Tutoring Sessions.

<table>
<thead>
<tr>
<th>Mondays/Wednesdays</th>
<th>Tuesdays/Thursdays</th>
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</thead>
<tbody>
<tr>
<td>Location: Library</td>
<td>Location: Room 406</td>
</tr>
<tr>
<td>Time: 3pm - 5pm</td>
<td>Time: 3pm - 4pm</td>
</tr>
<tr>
<td>Contact: Ms. Shick</td>
<td>Contact: Ms. Dimperio</td>
</tr>
<tr>
<td><a href="mailto:alshick@capousd.org">alshick@capousd.org</a></td>
<td><a href="mailto:ktdimperio@capousd.org">ktdimperio@capousd.org</a></td>
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</tbody>
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- Flexible hours to attend
- All core subjects covered
- Receive help from teachers and/or students
- Make up tests and quizzes (*Tuesdays, Wednesdays, & Thursdays only*)
  - Please nicely ask the teacher to help set this up with the contacts above if needed

✔ Login to School Loop

- Check out your Progress Reports for each class
- If using the phone app, make sure you use the “full version” to see any zeros
- Email your teachers in a timely manner with valid questions or concerns
  - *Example:* Are we going to have a study guide for the Final Exam?
  - *Non-Example:* Is there a 500 point Extra Credit Project I can do to raise my grade?

✔ Get organized and Make A Plan

- Find old notes and/or material that may help you study
- Make a to-do list
- Use a graphic organizer (see back side for ex) to prepare for your Finals

✔ Create Healthy Habits

- Balance your work and rest
- Avoid procrastinating and distractions
- Plan some healthy meals and snacks
- Choose a positive mindset going into Finals

Good Luck Tritons!
# FINALS ORGANIZER

Fill out this form to prepare for Finals. GOOD LUCK TRITONS!

<table>
<thead>
<tr>
<th>Period</th>
<th>Class</th>
<th>What day is the Final?</th>
<th>Is there a Study Guide? (yes/no)</th>
<th>Will the Final have Multiple Choice? (yes/no)</th>
<th>Will the Final have Fill in Blanks? (yes/no)</th>
<th>Will the Final have an Essay? What is it?</th>
<th>Will the Final have Something else? What is it?</th>
<th>Will the Final have Something else? What is it?</th>
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<tbody>
<tr>
<td>Example: 1st period</td>
<td>Advanced Business III</td>
<td>Tuesday, Dec. 19</td>
<td>yes</td>
<td>yes 50 questions</td>
<td>no</td>
<td>yes, one short essay</td>
<td>yes oral presentation</td>
<td>no</td>
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