Final Exams are almost here! There are lots of ways for you to prepare for this important time of year. Here are some suggestions to help you do your best!

✓ Take advantage of our last **After School Tutoring Sessions**.

**Thursday May 24th**
**Tuesday May 29th**
**Tuesday May 31st**

Location: Room 406 (Ms. Dimperio’s room)
Time: 3pm - 4pm
Questions? Contact Ms. Dimperio  ktdimperio@capousd.org

✓ Login to **School Loop**
  o Check out your Progress Reports for each class
  o If using the phone app, make sure you use the “full version” to see any zeros
  o Email your teachers in a timely manner with valid questions or concerns
    - **Example:** Are we going to have a study guide for the Final Exam?
    - **Non-Example:** Is there a 500 point Extra Credit Project I can do to raise my grade?

✓ Get organized and **Make A Plan**
  o Find old notes and/or material that may help you study
  o Make a to-do list
  o Use a graphic organizer (see back side for ex) to prepare for your Finals

✓ Create **Healthy Habits**
  o Balance your work and rest
  o Avoid procrastinating and distractions
  o Plan some healthy meals and snacks
  o Choose a positive mindset going into Finals

Good Luck Tritons!
Fill out this form to prepare for Finals.  GOOD LUCK TRITONS!

<table>
<thead>
<tr>
<th>Period</th>
<th>Class</th>
<th>What day is the Final?</th>
<th>Is there a Study Guide? (yes/no)</th>
<th>Will the Final have Multiple Choice? (yes/no)</th>
<th>Will the Final have Fill in Blanks? (yes/no)</th>
<th>Will the Final have an Essay or Something else? What is it?</th>
<th>Will the Final have Something else? What is it?</th>
<th>Will the Final have Something else? What is it?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Example: 1st period</td>
<td>Advanced Business III</td>
<td>Tuesday, Dec. 19</td>
<td>yes</td>
<td>yes 50 questions</td>
<td>no</td>
<td>yes, one short essay</td>
<td>oral presentation</td>
<td>no</td>
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</tbody>
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